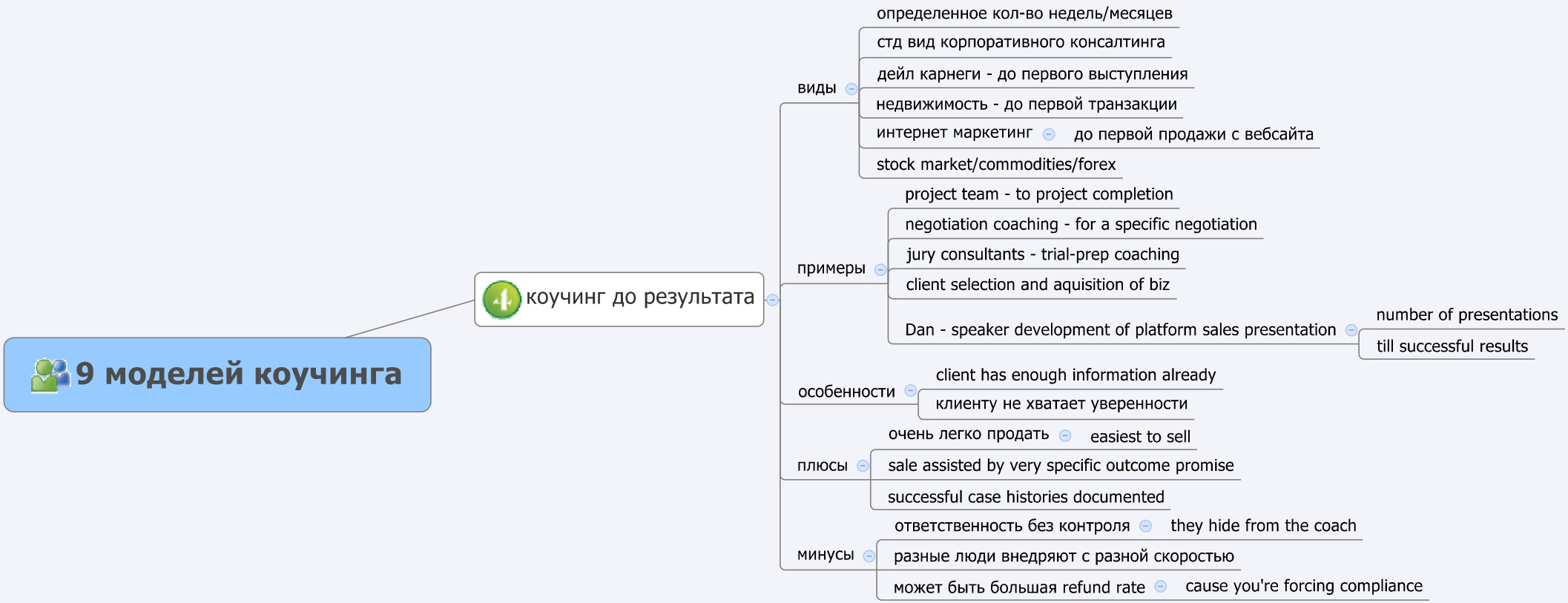9 моделей коучинга: Коучинг до результата